YMCA AT VIRGINIA TECH

Food Services Intern

FEDERAL WORKSTUDY ELIGIBLE STUDENTS ONLY

Overview:

Title:	**Food Service Intern**
Hours per week:	**10 hours**, on average
Rate of pay:	**$20.00 per hour**
Time period:	2025/26 academic year
Schedule	Flexible; some evenings and weekends required
Positions:	3 positions available
Synopsis:	Assist in providing nutritious meals to our food insecure neighbors in need, while leveraging food service opportunities that will help fund other community outreach programs.

Job Description

Summary

The Y at VT offers meaningful paid internship positions that provide students with hands-on experience, applying concepts learned through coursework to real-world situations.

Reporting to the YMCA's Director of Culinary Services, the Food Services Interns will assist in providing nutritious meals to our food insecure neighbors in need, while leveraging food service opportunities that will help fund other community outreach programs. Interns will have the opportunity to develop management skills on a rotating basis, while assisting with food preparation, kitchen facilities maintenance, and food truck events.

Responsibilities:

- Team Coordination (on a rotating basis)
  - Direct and oversee team activities
  - Train and manage volunteers in food preparation and activities
  - Provide supervision to the food production team
- Food preparation and cooking
  - Maintain Serve Safe certification
  - Cut, chop, peal, etc.
  - Sautee, bake, mix, etc.
  - Follow recipes and maintain nutritional requirements
- Meal distribution
  - Organize food for the daily and weekly menus based upon food inventory & program guidelines
  - Prepare and package food (clean, portion, label, store etc.)
  - Process, track, and maintain associated paperwork and reports

- Kitchen facilities
    - Maintain clean working kitchen and spaces
    - Help maintain inventory of supplies and assist in placing orders
    - Pick up and transport food to/from program locations as needed
- Food Truck Events
    - Staff food truck as a cashier and/or food prep worker
    - Provide excellent customer service
    - Leverage food-service activities to generate additional revenue, helping fund community outreach programs

Experience and Qualifications:

- An interest in providing nutritious meals to food insecure families
- Valid Driver's License
- Ability to become Serv Safe certified
- Familiarity with catering and or Food Service
- Be able to lift 25lbs
- Has the ability to sit, stand, walk long periods of time
- Be able to work in an inside, mobile food truck or outside environment
- Ability to complete assignments on time and work within tight deadlines
- Demonstrated commitment to working collaboratively with colleagues and other community organizations
- Comfort with on-line tools and resources
- Attention to detail
- Proficiency with Microsoft Office Professional Suite
- Excellent oral and written communication skills

At the YMCA at Virginia Tech, strengthening community is our cause. Since 1873 we've worked side-by-side with our neighbors, volunteers and partners to build community in the New River Valley through leadership, learning, and service; providing opportunities for individuals and families to learn, grow, and thrive. We strive to build community by:

- Nurturing the potential of children and young adults through academic enrichment, after-school, and leadership development programs
- Improving the health of well-being of individuals and families within the New River Valley through continuing education, food security, and wellness programs
- Leading by example as a socially responsible organization offering community recycling programs, promoting a sustainable food system, providing meaningful volunteer opportunities, and serving as a philanthropic partner for mission advancement.

Join us in creating lasting personal and social change throughout the New River Valley as a member of our staff team. To learn more about the YMCA at Virginia Tech, our programs and services please visit www.vtymca.org.

TO APPLY:

Review of applicants will begin immediately. Please send cover letter and resume to daniel.ehrich@vtymca.org; include "Food Service Intern" in subject line. Feel free to call (540) 961-9622 with questions.